

DOLCI

Strawberry Tart shortbread crust, strawberry & lime curd, whipped cream, fresh strawberries 10

Pavlova Lemon Curd fresh seasonal berries, Chantilly cream. 10

Chocolate Hazelnut Torte chocolate cake, caramel cream cheese frosting, chocolate hazelnut clusters 10

Crème Brûlée blueberry tea infused.. 10

Butterscotch Pie classic flaky crust, butterscotch filling, whipped cream & toffee brittle.....10

Sundae brown butter pretzel streusel, vanilla gelato, salted caramel sauce, whipped cream.....10

Affogato al Caffè vanilla gelato, Illy espresso, Bailey's Irish Cream, whipped cream.....10

Terri's Cookie Dough Cheesecake Madagascar vanilla, chocolate crust, ganache, whipped cream.....10

Gelati & Sorbetti handmade, per scoop.....3



La Frasca Cibi & Vini
5650 Spring Garden Road
Halifax, Nova Scotia B3J 3M7

Open Monday-Saturday
11:30am 'til late
closed Sundays

902-422-2866
lafrasca.ca



**TAKE
AWAY**

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PIATTO PICCOLO

Calamari flash fried, tomato, roasted garlic, chilies10	Pork Ribs 12-spice rub, slow roasted, balsamic wildflower honey glaze12
Arancini lemon & herb rice croquettes, goat cheese center, golden fried, roasted garlic cream, fried basil ..11	Cappasante pistachio crusted scallops, pea purée, crisp pancetta..... 13
Pedoci local mussels, crushed tomatoes, roasted garlic, caramelized onions, white wine, oregano10	Zuppa di Pesce alla Veneziana jumbo shrimp, scallops, mussels & local fish soup, tomato broth, sweet garlic .13
Gamberi in Padella jumbo shrimp, white wine & garlic sauté, toasted almond Gremolata12	R&R Salad charred romaine & radicchio, hot bacon & garlic dressing, parmigiano10
Lumache snails, roasted garlic, tomato, prosciutto, mushrooms, sautéed, garlic toast10	Caesar Insalata chopped romaine, garlic-laced focaccia croutons, crisp bacon, classic dressing, grated parmigiano10

PESCI & CARNI

Halibut in Acqua Pazza tomato broth, garlic, white wine & fennel, rosemary potatoes, buttered green beans 28	La Frasca Burger hand chopped tenderloin, caramelized onions, fontina, tomato marmalade, shaved lettuce, toasted bun, parmigiano fries20
Salmone Atlantico wildflower honey & thyme lacquer, roasted beet & orange insalata26	Costata di Maiale Valley pork chop, prosciutto & provolone stuffed, crumb crusted, Marsala & demi-glace sauce, brown buttered potatoes, seasonal vegetables25
Tuna Tagliata fresh tuna seared <u>rare</u> , warm vegetable stack, red risotto 27	Chicken Scaloppine Lemon mascarpone cream, fregola, fresh herbs & charred broccolini25
Beef Tenderloin crimini mushroom & cipollini onion sauté, accordion baked potato, honey glazed carrots, buttered green beans 30	
Lamb Chops Scottadito chargrilled, salsa verde, prosciutto wrapped new potatoes & root vegetables 30	

PIZZE

Pomodoro San Marzano tomato, sundried & cherry tomatoes, tomato marmalade, basil infused goat cheese 18	Prosciutto béchamel, radicchio marmalade, prosciutto, fior di latte, arugula.....18
Roasted Chicken San Marzano tomato, cherry tomatoes, charred corn, house smoked provolone 18	Wild Mushroom béchamel, crisp pancetta, cipollini onions, sweet garlic pesto, smoked provolone, arugula, truffle oil.....18

PASTA & RISOTTI

Gnocchi alla Bolognese veal & pork ragù, fresh Mozzarella, basil pesto 19	Spaghettini homemade beef & pork meatballs, San Marzano tomato sauce, parmigiano... 18
Italiano Mac & Cheese cambozola, mascarpone, Friulano & pecorino, caramelized onions, bacon, garlic breadcrumbs, gratinéed 18	Linguine cast iron seared local scallops, garlic, pancetta, arugula, lemon squeeze 24
Fettuccine jumbo shrimp, garlic, roasted tomatoes, e.v. olive oil, fresh basil, parmigiano 19	Spaghetti Cacio e Pepe peppercorn crusted tenderloin, seared <u>rare</u> 22
Spaghettini green beans, black olives, tomato, e.v.o.o., chilies, garlic, topped with seared <u>rare</u> fresh tuna 21	Pappardelle braised chicken ragù, crushed red pepper, fresh oregano, parmigiano 20
Ravioli roasted veal, herbs & ricotta stuffing, parmigiano cream sauce, red wine reduction 21	Linguine housemade lamb sausage, mint & pistachio pesto, toasted garlic bread crumbs & parmigiano 18
Tagliatelle prosciutto di San Daniele, cream, parmigiano, crumbled prosciutto 18	Risotto ai Crostacei NS lobster, jumbo shrimp, scallops, smoked tomato, brodo, Prosecco & parmigiano 25
	Risotto con Asparagi green asparagus spears, brodo, white wine, fresh lemon, mascarpone swirl 22

Our dishes are handmade, fresh & made-to-order.
Please let us know if you have any dietary considerations.